

WOMEN'S RECOVERY SERVICES

Admission Procedures

You are entering a tobacco-free residential treatment program, focused on recovery from chemical dependency. MEDI-CAL, CMSP or private insurance must be current prior to admit. Before arriving, please note the following requirements:

Bring these items with you:

- Official documents: **(1) S.S. card (2) Second approved ID (3) Medi-cal/SSI / TANF documents, including EBT card, if you have them (4) Child's SSN, birth certificate copy, and immunization records, if your child comes with you.** Please note, we must receive immunization records as soon as you enter if not before you enter, they may be mailed to us. **These records are vital for cash aid, food stamps, Medi-cal and school. Birth certificates are mandatory for school age children.**
- Clothing permitted:

Jeans/shorts	(maximum 5)	Socks	(maximum 7 pairs)
Sweatshirts	(maximum 2)	Shoes	(maximum 3 pairs)
Sweatpants	(maximum 2)	Panties	(maximum 7 pairs)
T-shirts	(maximum 5)	Bras	(maximum 3)
Blouses	(maximum 3)	Nightgown/pajama	(2)
Jacket <i>or</i> sweater	(maximum 1)	Robe	(1) Slippers (1 pair)
- Corrective eyeglasses Non-Aerosol containers
- Cosmetics permitted: Foundation (1) Mascara (1) Lipstick (1)
- Jewelry permitted: Earrings (1 pair) Ring (1) Watch (1)
- Hygiene: Deodorant, shampoo, conditioner, body soap, lotion etc.
- **Nicotine Patches (Tobacco-Free Facility)**

Permitted items are to be brought in plastic bags, NOT suitcases.

When you arrive, staff will inventory all of your belongings.

Any items brought that are not on this list will be discarded upon arrival

The following items are not permitted. Do NOT bring with you:

Letters/correspondence/mail or other personal papers not listed above; court documents of any kind; vitamins, "over-the-counter" medicines; aerosol containers, books, magazines; radios, tapes/tape players; lighters; hobby items; perfume/ cologne; appointment books; backpacks, purses; or any other item not listed above under "Bring these items with you."

Note that for the first 30 days at WRS you will not:

Make or receive any telephone calls; send or receive any letters; have any visitors; or go off-site for any reason except in unusual circumstances and with WRS staff.

Note that during your entire treatment at WRS:

You will not send or receive any mail to/from jails/prisons; you will not have visitors who do not attend Al-Anon meetings at least twice monthly (children are the only exceptions); and you will not make any court appearances, except in unusual circumstances at the discretion of staff. All official documents including court documents will be held for you on-site by WRS staff.